Don't Forget These Extras



Your Help at Home benefits come with many great perks! If you're enrolled in one of the plans below, these resources come at no additional cost.

Pan-American Medical Plans

- Virtual care from HealthiestYou comes with any PanaMed or PanaBridge plan.
- Connect with a doctor, get treatment, and receive prescriptions,* 24/7.
- Prescription savings
- Health management content to guide you to improved health and happiness
- Visit <u>www.mypalic.com/videohy</u> to learn how HealthiestYou can help you.
- Download the HealthiestYou app, register at healthiestyou.com, or call 855-894-9627.

Member Advocacy

Provided under all Pan-American plans, a member advocate is an in-house representative that works to reduce your medical costs and stressful billing situations. Advocates can assist with:

- Medical bills & Prescription costs
- Lab work & X-rays
- CAT Scans / MRIs
- Scheduling surgical procedures
- Diabetic supplies
- Complicated claims and billing issues
- Call 1-800-999-5382 Monday through Friday,
 7:30 AM 6:00 PM, Central Time for more information

^{*} Affordable Care Act (ACA) mandated prescriptions.



Global Repatriation

Provided under any PanaMed or PanaBridge Plan, this service helps provide peace of mind during your time of need. Benefit includes:

- Expenses for preparations; embalming or cremation
- Transport casket or air tray
- Transportation of remains to place of residence or place of burial
- To Activate Assistance Call: 1-888-558-2703 / 1-312-356-5963 (Toll-Free in the U.S.) (Collect Outside of the U.S.)

Delta Dental of Illinois

- Exclusive savings on dozens of oral health products.
- Access to virtual dental care 24/7.
- Hearing health discount program with savings of more than 60% off retail hearing aids.
- Savings of 20-35% on LASIK procedures.
- Visit <u>www.deltadentalil.com/resources/smile-</u> perks to learn more.

DON'T FORGET:

Help at Home also provides all employees and their families **free** access to SupportLinc for:

- Mental health support
- Parenting issues
- Help finding childcare
- Long-term care referral
- Life coaching
- And more

Call 888-881-5462 or visit **supportlinc.com** to get started.

MetLife

Included with Critical Illness Insurance and Hospital Indemnity Insurance:

- Receive \$50 each year for approved preventive screening like an annual physical.
- You and each covered dependent can earn this credit.

MetLife Advantages included with Life Insurance:

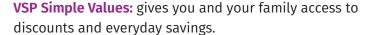
- Offers additional support, planning, and protection when you need it most, including:
 - Will Preparation to help ensure your wishes are communicated clearly
 - Estate Resolution Services to help ensure your estate is settled with confidence
 - Funeral discounts and planning services

Learn more at www.metlife.com/mybenefits.



VSP Vision Care

- \$150 allowance for ready-made non-prescription sunglasses or blue light filtering glasses, instead of prescription glasses or contacts.
- Save up to 15% on laser vision correction at contracted facilities.
- Up to 20% off any out-of-pocket expenses on eyewear after your frame allowance.
- Your VSP benefits include <u>eyeconic.com</u>, online shopping with a huge selection of contact lenses and designer frames with the virtual try-on tool.



- Prescription drugs: save up to 85% at CVS pharmacy, COSTCO Wholesale, Walmart, Target, Walgreens, and others
- Doctor visits: save up to 25% and get 24/7 doctor access via phone or video
- **Dental:** save up to 50%
- Lab work, MRI, and imaging: save up to 60%
- Hearing aids: save up to 60%
- Diabetic care services: save up to 75%
- Pet care: access to veterinary experts 24/7

Family Fun: save up to 40% live entertainment, movie tickets, and theme park passes

- Travel and hotels: save up to 60%
- Find the savings available to you. Visit <u>vsp.com/</u>
 simplevalues

