



# MI Community Resource Guide

This guide is  
intended to help  
you find different  
resources within  
your community to  
help support your  
clients and  
caregivers..

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Region			
Detroit	Flint	Grand Rapids	Kalamazoo
48220	48501	49501-08	49004
48221	48502	49594	49008
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Food Insecurity

## Oakland Livingston Human Service Agency (OLHSA)

**Services Provided:** Emergency Food Assistance program for low-income families, single parents, senior citizens, unemployed individuals, disabled veterans, and others in need.

**Eligibility Requirements:**

- Livingston County residents: call 517-548-3710
- Oakland County residents: call 248-209-2653

**Areas Serviced:** Livingston County, MI, and Oakland County, MI.

**Link:** [Complete Services | OLHSA](#)

## The Helm at the Boll Life Center

**Services Provided:** Meals on Wheels delivers meals to seniors, five days per week, in Harper Woods and Grosse Pointe. For seniors who are homebound or recently hospitalized.

**Eligibility Requirements:**

- Must be 60 years or older.
- Reside in Harper Woods or Grosse Pointe.
- Be unable to safely prepare meals.

**Areas Serviced:** Grosse Pointe, MI, and Harper Woods, MI.

**Link:** [About - The Helm at the Boll Life Center](#)

## St. Jude Roman Catholic Parish

**Services Provided:** Food Pantry serving first 30 families arriving at the pantry. Arrive close to 11:30 am for service.

**Eligibility Requirements:** Call 313-527-0380

**Areas Serviced:** Postal codes: 48205, 48224, 48225, 48234, and 48236

**Link:** [St. Jude Parish Information](#)

## First Presbyterian Church of Flint

**Services Provided:** Addressing food insecurity with reliable access to nutritious food.

**Eligibility Requirements:** Anyone can access this program.

**Areas Serviced:** Flint, MI.

**Link:** [First Presbyterian Church of Flint](#)

## Genesee County Community Action Resource Department (GCCARD)

**Services Provided:** Home Delivered Meals for seniors.

**Eligibility Requirements:** 60 years or older

**Areas Serviced:** Genesee County, MI.

**Contact:**

Call 810-232-2185



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Food Insecurity

## Feeding America - West Michigan

**Services Provided:** Mobile Pantry delivering food to underserved neighborhoods.

**Eligibility Requirements:** Anyone can access this program.

**Areas Serviced:** Allegan, Berrien, Cass, Chippewa, Delta, Dickinson, Ionia, Kent, Lake, Luce, Marquette, Mason, Mecosta, Missaukee, Montcalm, Muskegon, Newaygo, Oceana, Ottawa, Schoolcraft, Van Buren, Wexford, and Alger Counties, MI.

**Link:** [Mobile Pantry Schedule - Feeding America West Michigan](#)

## Community Food Club

**Services Provided:** Non-profit grocery store for low-income households. Membership includes monthly payment (\$11-\$15) and shopping points.

**Eligibility Requirements:** Kent County residents with income at or below 200% of federal poverty guidelines.

**Areas Serviced:** Grand Rapids, MI.

**Link:** [Community Food Club](#)

## Kalamazoo Eastside Neighborhood Association

**Services Provided:** Food pantry for households experiencing food insecurity.

**Eligibility Requirements:** Call 269-381-0700.

**Areas Serviced:** Kalamazoo, MI.

## Milestone Senior Services

**Services Provided:** Congregate Dining Program offering meals for social interaction.

**Eligibility Requirements:** 60 years or older

**Areas Serviced:** Kalamazoo and Calhoun Counties, MI.

**Link:** [Milestone Senior Services - Home](#)

## Michigan Fitness Foundation

**Services Provided:** Michigan Farm to Family CSA allows families to buy fresh produce using SNAP/EBT.

**Eligibility Requirements:** Call 800-434-8642

**Areas Serviced:** Ada, Ann Arbor, Central Lake, Detroit, Falmouth, Grand Rapids, Ishpeming, Kalamazoo, Menominee, Saint Clair, Saint Louis, Skandia, Wyoming, and Ypsilanti, MI.

**Link:** [Michigan Farm to Family - MFF](#)



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## Michigan State Housing Development Authority (MSHDA)

### Veterans Administration Supportive Housing (VASH)

**Services Provided:** Supportive housing for veterans participating in the HUD VASH program. Veterans must participate in VA Case Management.

**Eligibility Requirements:** Participation in VA Case Management is required.

**Areas Serviced:** Statewide

**Link:** [HUD VASH \(Veterans Administration Supportive Housing\) Vouchers](#)

### Additional Notes:

You cannot apply for MSHDA VASH vouchers online; the link provides locations for local offices.

## Commonwealth Care Alliance

### Elder Abuse Hotline

**Services Provided:** Hotline for reporting elder abuse.

**Eligibility Requirements:** None specified

**Areas Serviced:** Statewide

**Contact:** Call 855-444-3911 to report elder abuse.

## 811 Project Rental Assistance (Housing for People with Disabilities)

**Services Provided:** Rental assistance for people with disabilities. Includes housing options for those living in nursing facilities or with developmental/mental health issues.

### Eligibility Requirements:

- Extremely low-income households.
- At least one non-elderly adult (18-61) with a disability.
- Eligibility for Medicaid services or state-funded programs.

**Areas Serviced:** Statewide

**Link:** [811 Project Rental Assistance \(811PRA\) Program](#)

### Additional Notes:

Provides a list of eligible properties with addresses, phone numbers, and links to case workers.



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## Legal Advice

**Services Provided:** Free advice for Michigan residents aged 60+ on topics including Medicare, Medicaid, wills, probate, landlord/tenant relations, and more.

**Eligibility Requirements:** Michigan residents aged 60 and older.

**Areas Serviced:** Statewide

**Contact:** Call 800-347-5297

## Crisis and Suicide Hotline

**Services Provided:** 24/7 confidential and free counseling for individuals in crisis or experiencing suicidal thoughts.

**Eligibility Requirements:** None specified

**Areas Serviced:** Statewide

**Contact:** Call or text 988

## Crisis and Suicide Hotline

**Services Provided:** Assistance for individuals without prescription drug coverage or those who choose not to use insurance.

**Eligibility Requirements:** Michigan residents without prescription drug coverage or insurance.

**Areas Serviced:** Statewide

**Link:** [Free or Low-Cost Prescription Medication](#)

## Michigan Department of Health and Human Services (MDHHS)

### Warmline

**Services Provided:** Emotional support for individuals with mental health conditions, operated by certified peer support specialists.

**Eligibility Requirements:** None specified

**Areas Serviced:** Statewide

**Contact:** Call 888-733-7753

## Substance Abuse, Gambling Problems, and Mental Health Resources

**Services Provided:** Support and resources for substance abuse, gambling issues, and mental health

**Eligibility Requirements:** None specified

**Areas Serviced:** Statewide, with resources by county.

**Link:** [Get Help Now - Behavioral Health](#)

**Additional Notes:** Provides a map to choose resources by county.



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## SMART Bus

**Services Provided:** Public bus transportation.  
Reduced fare options for individuals with disabilities.

**Eligibility Requirements:**

Disabled Reduced Fare ID Card allows for:

- 50¢ one-way reduced fare on SMART & DDOT Fixed Route buses.
- \$1.00 one-way fare for SMART Connector general service.

**Areas Serviced:** All of Michigan

**Link:**

- [SMART Bus Reduced Fares](#)
- [Application for Disabled ID](#)

## The People Mover

**Services Provided:** Enhanced public transit service in downtown Detroit.

**Eligibility Requirements:** Anyone

**Areas Serviced:** Downtown Detroit

**Links:**

- [Stations Guide](#)
- [The People Mover Official Site](#)

## Q-Line

**Services Provided:** Streetcar transportation in downtown Detroit with stops providing access to museums, sports, restaurants, and retail locations.

**Eligibility Requirements:** Anyone

**Areas Serviced:** 12 stops from Downtown Detroit to Grand Blvd.

**Link:** [QLINE How to Ride](#)

**Additional Notes:**

- Hours of Operation:
  - Monday – Saturday: 8 AM – 12 AM
  - Sunday: 8 AM – 9 PM
- Service: Free

## MoGo

**Services Provided:** Public bike-sharing system.

**Eligibility Requirements:** Anyone who can ride a bicycle.

**Areas Serviced:** Detroit

**Links:**

- [System Map](#)
- [MoGo Official Site](#)

**Additional Notes:**

- Medicaid recipients can get a yearly bike pass for unlimited 60-minute rides for \$5 a year.

