

Don't Forget These Extras



Help at Home[®]
Care to Live Your Life.

Your Help at Home benefits come with many great perks! If you're enrolled in one of the plans below, these resources come at no additional cost.

Pan-American Medical Plans

- Virtual care from HealthiestYou comes with any PanaMed or PanaBridge plan.
- Connect with a doctor, get treatment, and receive prescriptions,* 24/7.
- Prescription savings
- Health management content to guide you to improved health and happiness
- Visit www.mypalic.com/videohy to learn how HealthiestYou can help you.
- Download the HealthiestYou app, register at healthiestyou.com, or call 855-894-9627.

Member Advocacy

Provided under all Pan-American plans, a member advocate is an in-house representative that works to reduce your medical costs and stressful billing situations. Advocates can assist with:

- Medical bills & Prescription costs
- Lab work & X-rays
- CAT Scans / MRIs
- Scheduling surgical procedures
- Diabetic supplies
- Complicated claims and billing issues
- Call 1-800-999-5382 Monday through Friday, 7:30 AM – 6:00 PM, Central Time for more information

* Affordable Care Act (ACA) mandated prescriptions.

Global Repatriation

Provided under any PanaMed or PanaBridge Plan, this service helps provide peace of mind during your time of need. Benefit includes:

- Expenses for preparations; embalming or cremation
- Transport casket or air tray
- Transportation of remains to place of residence or place of burial
- To Activate Assistance Call: 1-888-558-2703 / 1-312-356-5963 (Toll-Free in the U.S.) (Collect Outside of the U.S.)

Delta Dental of Illinois

- Exclusive savings on dozens of oral health products.
- Access to virtual dental care 24/7.
- Hearing health discount program with savings of more than 60% off retail hearing aids.
- Savings of 20-35% on LASIK procedures.
- Visit www.deltadentalil.com/resources/smile-perks to learn more.

DON'T FORGET:

Help at Home also provides all employees and their families **free** access to SupportLinc for:

- Mental health support
- Parenting issues
- Help finding childcare
- Long-term care referral
- Life coaching
- And more

Call 888-881-5462 or visit supportlinc.com to get started. Employer code: **helpathome**



MetLife

Included with Critical Illness Insurance and Hospital Indemnity Insurance:

- Receive \$50 each year for approved preventive screening like an annual physical.
- You and each covered dependent can earn this credit.

MetLife Advantages included with Life Insurance:

- Offers additional support, planning, and protection when you need it most, including:
 - Will Preparation to help ensure your wishes are communicated clearly
 - Estate Resolution Services to help ensure your estate is settled with confidence
 - Funeral discounts and planning services

Learn more at www.metlife.com/mybenefits.



VSP Vision Care

- \$150 allowance for ready-made non-prescription sunglasses or blue light filtering glasses, instead of prescription glasses or contacts.
- Save up to 15% on laser vision correction at contracted facilities.
- Up to 20% off any out-of-pocket expenses on eyewear after your frame allowance.
- Your VSP benefits include eyeconic.com, online shopping with a huge selection of contact lenses and designer frames with the virtual try-on tool.

VSP Simple Values: gives you and your family access to discounts and everyday savings.

- **Prescription drugs:** save up to 85% at CVS pharmacy, COSTCO Wholesale, Walmart, Target, Walgreens, and others
- **Doctor visits:** save up to 25% and get 24/7 doctor access via phone or video
- **Dental:** save up to 50%
- **Lab work, MRI, and imaging:** save up to 60%
- **Hearing aids:** save up to 60%
- **Diabetic care services:** save up to 75%
- **Pet care:** access to veterinary experts 24/7

Family Fun: save up to 40% live entertainment, movie tickets, and theme park passes

- Travel and hotels: save up to 60%
- Find the savings available to you. Visit vsp.com/simplevalues

